



## Neuromuscular Massage Therapist- Sharing Best Practices Session Notes (April 15<sup>th</sup>, 2020)

### Attendees

1. Sasha Kahiga-CPS, TCSG
2. Brittany Duncombe, TCSG
3. Coastal Pines Technical College Program Faculty
4. Wiregrass GA Technical College Program Faculty
5. Southern Regional Technical College Program Faculty

### Topic Discussion Notes

1. TCSG Recommendations & Resources
  - GVTC- Academic Continuity Webpage, <https://gvtc.tcsg.edu/deac/>
    - Provides online strategies, best practices for instructors and students, recommendations for virtual labs, and much more.
  - Sasha discussed her attendance on the American Technical Education Association (ATEA) Best Practice for Going Virtual meetings and will provide any notes if they offer a session for the NMT program.
  - Agencies Program Modification Spreadsheet
    - Sasha presented and explained the TCSG Health Program Clinical Hours.
    - Any communication received from a programmatic accrediting agency, or regulatory body should be sent to Sasha to ensure that the spreadsheet is updated with the most recent agency information.

Neuromuscular Massage Therapist	360	390	90		360	GA Board of Massage Therapy	50-60		GA Board of Massage Therapy is granting petition variances of board rules for massage therapy programs who can sufficiently provide evidence of substantive hardship.
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- The group reviewed the information presented and stated it was correct.

## 2. Open Discussion

- The colleges shared the following information,
  - Coastal Pines Technical College
    - Had 3 weeks of clinic left, they will make up the remainder once the college reopens and allow lab access
    - Within the Fundamental books, uses case studies from Chapter 16
    - Utilizes Blackboard
      - Uploads videos from the book
      - Uploads pictures of muscle
      - Uses boney landmarks for students to draws muscle on top
  - Wiregrass GA Technical College
    - Uses Muscle Man home project for students to practice massage techniques.
    - Utilizes Blackboard
      - Uploads several videos of massage techniques for the students to review and mimick.
    - Assign the students multiple case studies
    - Uses the virtual labs within the anatomy book titled “Book of Discovery.”
      - <https://booksofdiscovery.com/>
    - Some students purchased the visible body app at \$32
      - <https://www.visiblebody.com/en-us/>
  - Southern Regional Technical College
    - Students had 3 weeks left of clinic before the college was closed.
    - Students will make up missed clinic hours in labs once the college reopens.
    - Students are assigned reading journals, projects, case studies, and critical reading research papers that are graded through Blackboard.
    - Utilizes Blackboard
      - Uploads power points, quizzes, tests, and discussion.
    - Students also have access to Evolve for students' activities and videos for learning material.
- Instructors requested the following from Sasha

- Offer monthly Sharing Best Practices Sessions
  - Preferably before the summer semester.
  - Sasha will check her May schedule and send a calendar request when available.
- Continue sending out any communication she receives to keep them abreast of the necessary information.